



## You Wouldn't Dare to Live Over a Cesspool Day After Day

You wouldn't deliberately take poison that you knew would lead to chronic stomach, liver, bowel or kidney disease.

You're doing both of these things when you neglect constipation. Nature's natural sewer is clogged up and the worst of poisons are flowing into your system—impregnating every drop of your blood with disease germs.

Constipation is the cause of nine out of every ten cases of dyspepsia, indigestion, typhoid fever, malaria, chills and fever, rheumatism, skin disease, skin troubles and general "run down" condition of the system.

Give your system a thorough housecleaning this very night—restore your liver to its normal, active, healthy condition. Even if you think you're not constipated take an **N** tablet to-night and you'll feel better in the morning.

From feeling sick or just so-so you'll learn what it is to feel absolutely well, vigorous and happy.

**Nature's Remedy**  
FOR LIVER ILLS.  
**NR-TABLETS-NR**

Better Than Pills  
For Liver ILLS.  
Get a 25c. Box

THE A. H. LEWIS MEDICINE CO., St. Louis, Mo.

Sole by Capital Drug Co., Z. T. Riggs, Salem, Oregon.

## SUNDAY SERVICES IN THE CAPITAL CITY

BAPTIST, Marion and Liberty. Services forenoon and evening. Gustav Schunke, pastor.

GERMAN BAPTIST, Cottage and D. Services forenoon and evening. Gustav Schunke, pastor.

CATHOLIC ST. JOSEPH'S, Chemeketa and Cottage. Masses Sunday 10:30 a. m. Catechism 9:30 a. m. Vespers and benediction 7:30 p. m. Daily mass, 7 a. m. A. A. Moore, rector.

CHRISTIAN, High and Center. Services forenoon and evening. Ernst, pastor.

CHRISTIAN SCIENCE, Chemeketa street next to city hall. Services forenoon and evening. Midweek meeting Wednesday evening.

CENTRAL CONGREGATIONAL, Ferry and Nineteenth. Services forenoon and evening. P. S. Knight, pastor.

FIRST CONGREGATIONAL, Liberty and Center. Services forenoon and evening. Philip E. Bauer, pastor.

ST. PAUL'S EPISCOPAL, Chemeketa and Church. Services 7:30 A. M. and 7:30 P. M. Barr G. Lee, rector.

EVANGELICAL, Chemeketa and Seventeenth. Services forenoon and evening. Morris Heverling, pastor.

GERMAN EVANGELICAL, Liberty and Center. Sunday school at 10 A. M. Preaching at 11 A. M. and 7:30 P. M. Y. P. A. at 7 P. M. Singers welcome. Rev. W. A. Guenroy, pastor.

UNITED EVANGELICAL, Cottage and Center. Services forenoon and evening. H. A. Deck, pastor.

FRIENDS, Highland avenue. Services forenoon and evening. O. N. Swerthy, pastor.

FRIENDS CHURCH, Rosedale. Services forenoon and evening. Meeting Wednesday evening. Elmer Pemberton, pastor.

GOPEL CHAPEL, Mill and Fifteenth. Services forenoon and evening. W. N. McCandlish, pastor.

GERMAN REFORMED, Capital and Marion. Services every other Sunday forenoon.

LUTHERAN GERMAN, State between Seventeenth and Eighteenth. Services forenoon and evening. C. Hopf, pastor.

ST. JOHN'S LUTHERAN, Missouri synod, Center between Thirteenth and Fourteenth. Services forenoon and evening. C. H. Engel, pastor.

METHODIST EPISCOPAL, State and Church. Services forenoon and evening. W. H. Selleck, pastor.

LESLIE METHODIST, South Commercial. Services forenoon and evening. Clark Belnap, pastor.

GERMAN METHODIST, Church and Union. Services forenoon and evening. Joseph Hepp, pastor.

FREE METHODIST, North Winter between Market and Gaines. Services forenoon and evening. S. G. Roper, pastor.

PRESBYTERIAN, Church and Chemeketa. Services forenoon and evening. Henry T. Babcock, pastor.

SEVENTH DAY ADVENTISTS, Mill and Cottage. Services forenoon and evening. G. A. Larson, pastor.

UNITARIAN, Cottage and Chemeketa. Services forenoon. Paul J. J. minister.

UNITED BRETHREN, Harritt chapel, University and Mission. Services forenoon and evening. J. H. Merryman, pastor.

UNITED BRETHREN, Marion and Fourteenth. Services forenoon and evening. F. H. Neff, pastor.

WOMAN'S CHRISTIAN TEMPERANCE UNION, Commercial and Center. Weekly meeting Tuesday and Sunday afternoons. Mrs. Allen, secretary.

Y. M. C. A. BUILDING, Commercial and Chemeketa. George A. J. secretary.

OFFICE—Protestant churches observe prayer meetings Thursday evenings, and have Sunday schools, unless otherwise stated. Corrections in this directory will be made on request. A special notice of the services will be published Saturday free if handed into office of the directory not later than Friday evening. Notices brought in later, half price.

The "poison" in the production of "The Rye" consist of electric light plant assured of construction.

Tillamook has a fully equipped electric light plant assured of construction.

Pains in the back and side may come from the kidneys or liver. Lane's Family Medicine the tonic-laxative, and a great kidney and liver remedy, will give relief.

The fight against the mail order business is a pretense; consumers are the real parties assailed, and it is believed that the last are well aware of the fact.

Probably it is your stomach and your heart that causes pain in the back of the heart. If it is, Lane's Family Medicine will give relief.

The first thing an up-to-date salesman does is to go to publication and soliciting competition with the news.

## THE SHOP GIRL AND THE TROLLEY

A Big Share of Her Meager Earnings Goes into the Pockets of Trust Magnates.

"Take one of those shop girls that go to work early in the morning, and come home after 6 o'clock at night," says Charles Edward Russell in Everybody's for March. "It is of very great importance to her that of her \$5 or \$6 that she earns by a week of toil the street car company takes 24 cents to pay for the water in its stocks. When she has paid her board and put aside something for her clothing, 24 cents is to her an important sum. It is of very great importance to her that for every thousand feet of gas consumed where she lives, her landlady must pay 50 cents for the water in the gas stocks; the landlady only passes the charge (with interest) to the tenants. It is of very grave importance to this shop girl that after a day of hard toil at her employment she must stand upon her feet for perhaps an hour and be crushed and crowded and subject to the grossest indignity in the hideous and unutterable conditions that we tolerate in our public conveyances. It is of very grave importance to her; you cannot easily dodge the conviction that it is of grave importance to the rest of society.

## TO OWNERS OF BAD BREATH

Foul Odor of Indigestion, Smoking, Eating or Drinking Stopped at Once With Stuart's Charcoal Lozenges.

**Trial Package To Prove It Sent Free**  
Bilious-breathers, onion eaters, indigestion victims, cabbage consumers, smokers, drinkers and those with gas on the stomach are in a class all by themselves, distinguished by a powerful bad breath.

They all breathe, and as they breathe, they whiff out odor which makes those standing near turn their heads away in disgust. The pitiable part of it is that these victims do not realize what a sickening thing a bad, offensive breath is to others.

Charcoal is a wonderful absorber of gases and odors. It absorbs 100 times its own volume of gas.

Stuart's Charcoal Lozenges will put a stop to your bad, offensive breath, and to your belchings, whatever the cause or source, because the charcoal quickly absorbs all noxious, unnatural odors and gases.

If you suffer from indigestion and belch gas as a result, Stuart's Charcoal Lozenges will absorb all the gas and make you stop belching.

If on getting up in the morning you have such a bad, bilious breath that you can almost smell it yourself, Stuart's Charcoal Lozenges will get rid of it for you quickly.

If you have been smoking or chewing, or have been eating onions or other odorous things, Stuart's Charcoal Lozenges will make your breath pure and sweet.

Charcoal is also the best laxative known. You can take a whole boxful and no harm will result. It is a wonderfully easy regulator.

And then, too, it filters your blood—every particle of poison and impurity in your blood is destroyed, and you begin to notice the difference in your face first thing—your clear complexion.

Stuart's Charcoal Lozenges are made from pure willow charcoal, and just a little honey is put in to make them palatable, but not too sweet.

They will work wonders in your stomach, and make you feel fine and fresh. Your blood and breath will be purified. You will feel clean inside.

We want to prove all this to you, so just send for a free sample today. Then after you get it and use it, you will like them so well that you will go to your druggist and get a 25c box of these Stuart's Charcoal Lozenges.

Send us your name and address today and we will at once send you by mail a sample package free. Address P. A. Stuart Co., 200 Stuart Bldg., Marshall, Mich.

## To Dissolve Partners.

P. Andersen has brought suit for a dissolution of the partnership existing between him and P. A. Kurtz in the running of a butcher shop at 227 Commercial street on the ground that the latter has overdrawn his share of the business, \$1180, and refuses to do his part of the work. Andersen asks for a receiver for the business, and that the overdrawn on the part of Kurtz be deducted from him in the settlement.

## Race Suicide

as President Roosevelt calls it is not nearly the menace to increase in population that deaths among infants are. And eight out of ten of these deaths are directly or indirectly caused by bowel troubles. McGee's Baby Elixir cures diarrhoea, dysentery, sour stomach and all infant ailments of this nature. Just the thing for teething babies. Price 25 and 50 cents. Sold by all dealers.

## J. T. BECKWITH FOR COUNTY COMMISSIONER.

Sidney Farmer and Good Roads Advocate—Has Big Following.



The candidacy of J. T. Beckwith for county commissioner has attracted a large following of the best citizens of this county, as he is a man in the prime of life, a successful farmer at Sidney, who is making a campaign as a progressive good roads candidate. He says good roads mean more to the people than any other one thing connected with the office he is seeking the nomination for. See his card in this paper.

## TEA

There is nothing that costs so little, both money and work, and that goes so far if it has the chance.

Your grocer returns your money if you don't like Schilling's Tea; we pay him.

McMinnville is to have a condensed milk factory in operation by July 1.

## A Neighbor of Yours

as well as yourself is liable at any time to have rheumatism. We're all liable to have cuts or burns, bruises or scalds, crick in the back, neck or side—some kind of an ache or pain. Then heed this advice and tell your neighbors—Ballard's Snow Liniment relieves all aches and pains, and heals all wounds. Sold by all dealers.

John W. Reynolds, attorney, now of Portland, but formerly of this city, is in town today attending to business matters.

Kennedy's Laxative Cough Syrup acts gently yet promptly on the bowels and allays inflammation at the same time. It is pleasant to take. Sold by all druggists.

## SPECIAL RATES TO WOODBURN HORSE FAIR.

To be held at Woodburn, March 28. For the above occasion, a rate of one and one-third on the certificate plan is authorized to Woodburn and return, via S. P. Co.

WM. M. MURRAY,  
General Passenger Agent.

**CASTORIA.**  
The Kind You Have Always Bought  
Bears the Signature *Charles H. Fletcher*

## The Hero of Gettysburg.

The wife of the Confederate General Pickett contributes to the March McClure's an article of most unusual interest called "My Soldier," which, without making any direct statement leaves one with a conviction of the appalling imbecility of war.

"My Soldier said, one day, that he should be glad to be in every war that had a just cause. I had been taught to believe that the war with Mexico lacked it, and when I asked him, he replied:

"At West Point some of us were reprimanded for expressing doubts of its justice. I was one of them. After we were in it, we had to fight it through, and, since it had to be done, I was glad to do my share."

Later on, when the war of secession broke out:

"I pray God that this direful revolution which has come about because of misunderstandings, and for which I see no real necessity, may yet in some way be averted."

When the die was cast, General Pickett naturally, though sorrowfully, chose the side where were his own kith and kin. He distinguished himself at Gettysburg.

"When he reached Seminary Ridge again and reported to General Lee, his face was wet with tears as he pointed to the crimson valley and said:

"My noble division lies there!"

"General Pickett," said the commander, "you and your men have covered yourselves with glory."

"My Soldier replied:

"Not all the glory in the world, General Lee, could atone for the widows and orphans this day has made."

"Some years later, George Augustus Sala asked my Soldier whom he considered the hero of Gettysburg on the northern side. He replied:

"The hero of Gettysburg on both sides was the private soldier."

Pickett was appreciated on the Yankee side, and General Grant celebrated his son's birth with bonfires, all of which makes excellent reading as told by his widow.

## NO MORE COURT UNTIL MIDDLE OF MAY

The supreme court will not hear any further cases argued here until the middle of May, after their return from a sitting at Pendleton. The period between now and the first of May, when they go to Pendleton, will be consumed by the court in writing up decisions in the cases now pending before it.

## No Use to Die.

"I have found out that there is no use to die of lung trouble as long as you can get Dr. King's New Discovery," says Mrs. J. P. White, of Rushboro, Pa. "I would not be alive today only for that wonderful medicine. It loosens up a cough quicker than anything else, and cures lung disease even after the case is pronounced hopeless." This most reliable remedy for coughs and colds, lagrippe, asthma, bronchitis and hoarseness, is sold under guarantee at J. C. Perry's drug store; 50c and \$1.00. Trial bottle free.

Who would not be an United States senator and have his daughter wed a prince?

## NATURE AND A WOMAN'S WORK



LYDIA E. PINKHAM

Nature and a woman's work combined have produced the grandest remedy for woman's ills that the world has ever known.

In the good old-fashioned days of our grandmothers they relied upon the roots and herbs of the field to cure disease and mitigate suffering.

The Indians on our Western Plains to-day can produce roots and herbs for every ailment, and cure diseases that baffle the most skilled physicians who have spent years in the study of drugs.

From the roots and herbs of the field Lydia E. Pinkham more than thirty years ago gave to the women of the world a remedy for their peculiar ills, more potent and efficacious than any combination of drugs.

Lydia E. Pinkham's Vegetable Compound is now recognized as the standard remedy for woman's ills.

Mrs. Bertha Muff, of 515 N.C. St., Louisiana, Mo., writes:

"Complete restoration to health means so much to me that for the sake of other suffering women I am willing to make my troubles public.

"For twelve years I had been suffering with the worst forms of female ills. During that time I had eleven different physicians without help. No tongue can tell what I suffered, and at times I could hardly walk. About two years ago I wrote Mrs. Pinkham for advice. I followed it, and can truly say that Lydia E. Pinkham's Vegetable Compound and Mrs. Pinkham's advice restored health and strength. It is worth mountains of gold to suffering women."

What Lydia E. Pinkham's Vegetable Compound did for Mrs. Muff, it will do for other suffering women.

## DR. KUM

### WONDERFUL CHINESE DOCTOR

Will treat you with Oriental herbs and cure any disease without operation or pain.

Dr. Kum is known everywhere in Salem, and has cured many prominent people here. He has lived in Salem for 20 years, and can be trusted. He uses many medicines unknown to white doctors, and with them can cure catarrh, asthma, lung troubles, rheumatism, stomach, liver and kidney diseases.

Dr. Kum makes a specialty of dropsy and female troubles. His remedies cure private diseases when everything else fails. He has hundreds of testimonials, and gives consultation free. Prices for medicines very moderate. Persons in the country can write for blank. Send stamp. If you want some extra fine tea, get it from us.

DR. KUM HOW WO CO.



This is the Automobile Seat age, and of all the Auto Seats we have seen this Stayer seat is the handsomest and swellest, the roomiest on this market. This is a recent production, and we are prepared to fill orders for all comers. We have those with or without top.

**MITCHELL, LEWIS & STAVER**

217 to 237 State St.

F. F. CARY, MANAGER.

Salem, Oregon